



Course Prospectus

2021 -2022



www.abbertonruraltraining.org

Info@abbertonruraltraining.org

Important Information

A National Award-winning charity providing education and training in a range of Land Based Studies including Horticulture, Woodlands, Land Management, Conservation, Countryside & Environment, Construction and Rural Crafts.

We work with a range of groups including disadvantaged, vulnerable and isolated people, with specialist groups for young people, people with Special Education Needs, Wounded and Injured Service Personnel, victims of Domestic Violence and many others, as well as being for the general community who just want to learn conservation or gardening skills etc. With sites right across Essex and South Suffolk we are sure to have a course close to you, however, if you cannot come in yourself due to isolation or other factors, then why not have a look at our online courses to help you get started.

We have additional support services available for all participants including fully trained Mental health and Wellbeing Counsellors (BACP accredited), and Advocacy assistance to help overcome whatever barriers you have to your learning. We offer additional support to help you move closer to employment, including CV writing, interview skills, job search and other assistance, as well as helping you gain confidence, improve your wellbeing, and become part of a great team.

Follow us:



Chatham Green

Textiles

This training course aims to give you the knowledge, understanding and basic skills in of Textile's. The course will teach you sewing, using a sewing machine, or even further, participants will receive guidelines on how to work on their own projects or patterns provided. Nearly the whole project will be made from recycled objects.

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Tuesday
Wednesday

Carpentry

This training course aims to give you the knowledge, understanding and basic skills in of Carpentry. The course will teach you how to build beautiful structures that can last for centuries. Carpenters have one of the highest job satisfaction rates in the construction industry.

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Tuesday
Wednesday

Wormingford

Introduction to Horticulture

This training course aims to give you the knowledge, understanding and basic skills in horticulture techniques including ground and bed preparation, soils, sowing, propagation, weed identification and removal, food production, and seasonal options using organic methods including recycled materials.

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Wednesday
Thursday
Friday

Level 2 Horticulture

This training course aims to give you the Advanced knowledge, understanding and basic skills in horticulture techniques including ground and bed preparation, soils, sowing, propagation, weed identification and removal, food production, and seasonal options using organic methods including recycled materials.

Duration:

26 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Day:

Wednesday
Thursday

Wormingford & Plough Corner

Textiles

This training course are provided equipment and tutoring to work on their own textile's products, be it hand sewing, using a sewing machine, or even further, participants will receive guidelines on how to work on their own projects or patterns provided. Nearly the whole project will be made from recycled objects.

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Friday

Land-Based Studies

This training course aims to give you the knowledge, understanding and basic skills in Land Based Studies.

You will complete practical skills in Gardening, Woodlands, Ponds, and all aspects of the land.

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Monday

Wednesday

Friday

Stow Maries

Countryside & Environment

This training course aims to give you the knowledge, understanding and basic skills in Countryside and Environment. You will learn about a variety of facts of the countryside, habitats and management of various wildlife. Also, how manmade structures influence the countryside.

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Tuesday

Volunteering

Have you ever thought about becoming a volunteer?

At Abberton Rural Training (ART) we are always looking for passionate people who care about the countryside, environment and lifelong learning.

If you are interested in becoming a volunteer for ART, call us for a chat and do a site visit.

Call: 01245 975777 or

Email:
info@abbertonruraltraining.org



Maldon

Introduction to Horticulture

This training course aims to give you the knowledge, understanding and basic skills in horticulture techniques including ground and bed preparation, soils, sowing, propagation, weed identification and removal, food production, and seasonal options using organic methods including recycled materials.

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Tuesday

Our Partners



MALDON DISTRICT COUNCIL



BRENTWOOD
BOROUGH COUNCIL



Braintree
District Council

PFCC
POLICE, FIRE AND CRIME
COMMISSIONER FOR ESSEX

Eastlight
Community Homes

Perrywood

Crossing Temple

Countryside & Environment

This training course aims to give you the knowledge, understanding and basic skills in Countryside and Environment. You will learn about a variety of facts of the countryside, habitats and management of various wildlife. Also, how manmade structures influence the countryside.

Duration:

12 weeks

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All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Monday

Land-Based Studies

This training course aims to give you the knowledge, understanding and basic skills in Land Based Studies.

You will complete practical skills in Gardening, Woodlands, Ponds, and all aspects of the land.

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Thursday

Hadleigh & Brentwood

Countryside & Environment

This training course aims to give you the knowledge, understanding and basic skills in Countryside and Environment. You will learn about a variety of facts of the countryside, habitats and management of various wildlife. Also, how manmade structures influence the countryside.

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Wednesday
Thursday

Woodlands

This training course aims to give you the knowledge, understanding introduction caring for and developing natural woodlands.

You will complete how to manage a woodland while also allowing it to continue being a haven for wildlife and nature.

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Tuesday

Witham

Rural Horticulture

This training course aims to give you the knowledge, understanding and basic skills in of Rural Horticulture. It's a carpentry course where participants can use the equipment provided to work on their own projects. Patterns and materials are provided for participants to demonstrate their own creativity.

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Monday

Rural Crafts

This training course aims to give you the knowledge, understanding and basic skills in of Rural Craft. Countryside skills and smallholding practices are not just incredibly useful but also great fun!

Nearly the whole project will be made from recycled objects!

Duration:

12 weeks

Entry Requirement:

All abilities welcome and no prior qualifications needed.

Benefits:

- Learn New Skills
- Have Fun
- Make New Friends
- Build Confidence
- Build Employability Skills
- Build Self-Esteem with inclusive Well-being support
- Learning Support Available

Days:

Monday

Our Details

Wormingford

The old St. Andrews Primary School,
Church Road, Wormingford,
Colchester CO6 3AZ

Plough Corner

Plough Corner, Harwich Road, Little
Clacton, Clacton-on-Sea, CO16 9ND

Stow Maries

Stow Maries GWA, Hackmans Lane,
Flambird's Chase, Chelmsford, CM3
6RJ

Maldon Blackwater

Black Water Leisure Centre, Park
Drive, Maldon CM9 5UR

Cressing Temple

Cressing Temple, Witham Road,
Cressing, Braintree CM77 8PD

Hadleigh

Country Park Chapel Lane, Hadleigh,
Southend-on-Sea SS7 2PP

Brentwood

King George Playing Fields, Ingrave
Road, Warley, Brentwood, CM14 5AE

Chatham Green - HQ

1 Whitbreads Business Centre
Whitbreads Farm Lane Chatham
Green Chelmsford Essex CM3 3FE

Witham

Unit 17, Newland Shopping Centre,
Witham CM8 2AP

Telephone:

01245 975777

Email:

Info@abbertonruraltraining.org

Website:

www.abbertonruraltraining.org



How to Book

To book on any of our courses, please

Email:

info@abbertonruraltraining.org

Or call:

Head Office: 01245 975777

Mentoring and Support Advisor:

01245 975778

Abberton Rural Training (ART) were absolutely thrilled to have been honoured with The Queen's Award for Voluntary Service, the highest award a voluntary group can receive in the UK.



**The Queen's Award
for Voluntary Service**

Stay at Home, Grow Your Own!

In partnership with District, Borough and City Councils across Essex, together with Community Volunteer Services, we are delighted to be able to bring you a range of videos and help to be able to start to grow your own vegetables, salads or herbs whilst being confined at home.

We cover the following areas:

- Braintree
- Brentwood
- Chelmsford
- Colchester
- Maldon
- Tendering

For more details, please contact Wendy on:

wendy@abbertonruraltraining.org

or call our head office on:

01245 975777

What's New

Vocation Courses

ART now offer Vocational courses for those that want to carry out Vocational courses in their spare time or to develop their existing skills.

Courses available:

- Level 1 Horticulture
- Level 1 Practical in Horticulture Skills
- Level 1 Land-based Studies
- Level 2 Horticulture
- Level 2 Practical in Horticulture Skills
- Level 2 Land-based Studies
- Level 2 Land and Wildlife
- Level 2 Technical Competence in Pruning
- Level 2 Safe Application of Pesticides using Pedestrian Handheld Equipment
- Level 3 Horticulture
- Level 3 Agriculture
- Level 3 Responsible Pesticide Management
- Level 3 Education & Training
- Level 4 Education & Training
- Level 5 Education & training

Please see our Vocational Course Prospectus or visit www.abbertonruraltraining.org

Short Courses

Do you enjoy being outside, or growing your own food? If so, our short courses are for you. Our courses cover a wide range of Horticultural subjects and will help students who wish to pursue a career in Production Horticulture, Garden Design, Hard and Soft Landscaping and Amenity Horticulture. Plus, more.

We have a variety of courses available a selection of these is:

- Planning and Planting Borders Course
- Introduction to Garden Design Course & Maintenance
- Horticulture for Beginners Course
- Pruning Trees and Shrubs - Everything You Need to Know
- Environmental Awareness
- Introduction to Wildlife Ecology & Conservation
- Nature & Environment
- Easy Gardening with Raised Beds
- Easy-to-make simple wooden planter

Please see our Short Course Prospectus or visit www.abbertonruraltraining.org

New 1 Day Courses

Planning and Planting Borders Course

A fun day course that will both inspire and inform. Come and learn how to use the key elements of colour, shape and texture in the border and draw up professional planting plans. How to gather your thoughts using mood boards and where to buy great value plants is also included. We love students to ask questions and while we might not design your borders for you, we will equip you with all of the tools and ideas necessary to go away and create the perfect planting for you and your garden with less maintenance at a great value price.

Location: Wormingford



Easy Gardening with Raised Beds

This course covers all aspects of building and growing a beautiful, productive raised bed garden. Designed for beginners curious about gardening, this course also has insights that a seasoned gardener would appreciate. There is a thorough walk through of constructing a demonstration raised bed, and how best to adapt it to suit your preferences.

The raised bed is designed to be built with minimal materials, low cost and basic equipment. No special vehicles or power tools are required to procure and work with the materials. The course also goes through maintaining a raised bed garden with modules on planting, watering, and so forth.

Location: Wormingford and Chatham Green

New 1 Day Courses

Nature & Environment

A fun day course that will both inspire and inform. Come and learn how to use the key elements of colour, shape and texture in the border and draw up professional planting plans. How to gather your thoughts using mood boards and where to buy great value plants is also included. We love students to ask questions and while we might not design your borders for you, we will equip you with all of the tools and ideas necessary to go away and create the perfect planting for you and your garden with less maintenance at a great value price.

Location: Wormingford and Chatham Green

Environmental Awareness

Climate change is considered to be one of the greatest challenges of our time. This Environmental Awareness training course is designed to help workers of all disciplines to understand their responsibility to work in a sustainable, environmentally friendly way.

Location: Wormingford and Chatham Green



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